Hello Friend!

I am your grocery from Satvyk – The Health restore. I am so happy to be part of your Pantry. Now, as we are friends, it’s only fair if you know some things about me.

1. I adore glass jars. Please transfer me in an air tight glass container when we meet.
2. I and water are not on good terms. So please don’t make us confront each other. Keep me in dry place.
3. Bugs and pests tickle me. Add some rock salt crystals & organic red chili powder to the jar and shoo them away! If you do not have red chili powder, don’t panic. Add spices like black pepper and they just work fine too.
4. I love winters. Refrigerating sensitive groceries is like a Christmas to me and it keeps me healthy.
5. My cousin (pulses) is in awe of castor oil & mustard oil. Applying those helps in keeping unwanted entities at bay.
6. If you are buying me in bulk i.e. 20-25 kgs, store me in hermetic bags. It keeps me warm and cozy.
7. Do not worry if pantry pests do invade my privacy. Just sun-dry me and I will be as healthy as before.
8. I am allergic to Boric Powder and tablets like Parad or Sulfaaz. Do not add them in my jars. They are nutrient-killer and are full of chemicals.

Thank you friend for keeping me healthy and consumable!